



~ are pleased to present ~

# Powers of Attorney and Advance Health Care Directives: *Taking Care of Mom, Dad, and Ourselves*

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This short estate planning workshop focuses on what every elder needs to protect themselves and their loved ones in case of incapacity. Participants will have the opportunity to have their questions answered and, if appropriate, to set appointments to have simple incapacity documents prepared for them by the Elder Law Clinic of John F. Kennedy University School of Law. If more advanced work is necessary, the Contra Costa County Bar Association will refer the participant to a qualified local attorney. There is **no charge** and no obligation to attend this workshop.

- Where:** Hospice of the East Bay  
3470 Buskirk Avenue, Pleasant Hill
- When:** Thursday, March 11<sup>th</sup> ♦ 6:00 – 8:00pm  
(follow-up session on Thursday, March 25<sup>th</sup>)
- To Register:** Please call Michele Vasta, Contra Costa  
County Bar Association, at 925/370-2548